

Mission Statement

The mission of the Neighborhood Health Care Network is to strengthen the community clinics through integrated activities to improve the health of underserved populations.

Neighborhood Health Care Network

2610 University Avenue West
Suite 400
Saint Paul, MN 55114

Phone: 651-644-6555
Fax: 651-649-0725
www.nhcn.org



Neighborhood Health Care Network

TRAC-0004



0004-0004-0700

Referral Service

WE PROVIDE A FREE STATE-WIDE SERVICE TO HELP UNINSURED OR UNDERINSURED PEOPLE FIND AFFORDABLE MEDICAL, DENTAL AND MENTAL HEALTH CARE



The Neighborhood Health Care Network is a shared management services collaborative that advocates for community health clinics serving economically and ethnically diverse populations in the Minneapolis-St. Paul metropolitan area.

By working together, our member clinics have access to more of the financial resources, services and technology they need to provide high-quality care to more people.

Since its incorporation in 1995, the Network has focused on building the highest quality and most cost-efficient infrastructure for the health care safety net in the Twin Cities. Network membership includes 14 independent, non-profit community health centers with forty-eight clinic locations throughout Hennepin, Ramsey, and Washington counties.

Member clinics provide comprehensive **medical, dental, mental health, and health education services**. There are also member clinics that specialize in **adolescent and young adult care, reproductive health care, and school-based care**.

The Network also provides direct services to assure access to primary and preventive health care for medically-underserved populations in Minnesota. We offer a **toll-free phone service** that provides health insurance information and referrals to primary care clinics state-wide.

651-489-CARE (2273) or **1-866-489-4899** (toll free) offers referrals to nearby community clinics seeing uninsured patients on a sliding fee scale. Callers can also receive information about applying for Minnesota Health Care Programs.

West Suburban Teen Clinic

478 2nd Street
Excelsior, MN 55331
952-474-3251

Financial:

Sliding fee scale, dependent on family size and income, no one turned away for inability to pay, no bills sent home, no insurance accepted, will accept Medical Assistance as of July, 2006

General:

Some walk in hours, interpretation services, some evening hours

Communities:

Ages 12-23

Medical:

STD testing and treatment (including blood test), pregnancy testing (including blood test), prenatal care (first visit and then refer out), family planning, colposcopy, cryotherapy, annual exams, minimal lab work on-site, basic dermatology, school/sports physicals, Hep B immunizations, fill some prescriptions, offer some discounted prescriptions

Mental Health:

Some, family therapy, group and individual therapy, psychologists, substance abuse counseling

West Side Dental Clinic

478 South Robert Street
St. Paul, MN 55107
651-602-7575

Comprehensive dental care by appointment, urgent dental care available after 3pm on Mondays and Fridays by appointment only, sliding fee and dental insurance



Table of Contents

About The Neighborhood Health Care Network	2
<i>All 489-Care Community Clinics (Alphabetical)</i>	
Central Avenue Clinic	4
Community University Health Care Center	5
East Side Family Clinic	6
Face to Face	7
Family Medical Center	8
Family Tree Clinic	9
Fremont Community Clinic	10
Green Central Clinic	11
Health Care for the Homeless	12
Health Start	13-14
Helping Hands Dental Clinic	15
Indian Health Board of Minneapolis	16
McDonough Homes	17
Native American Community Clinic	18
Neighborhood Involvement Program Community Clinic (Uptown)	19
North End Health Center	20
North Point Health and Wellness Center	21
Open Cities Health Center	22
Planned Parenthood of MN/SD	23
Sheridan Women & Children's Clinic	24
Southside Community Clinic	25
Southside Community Dental Clinic	26
St. Croix Family Medical Clinic (formally Common Health)	27
TAMS—Teem Age Medical Service	28
West Side Community Health Center—La Clinica	29
West Side Dental Clinic	30
West Suburban Teen Clinic	31

Central Avenue Clinic

2610 Central Ave NE
(Near Lowry & Central)
Minneapolis, MN 55418
612-781-6816

Financial:

Sliding fee scale, dependent on income/family size, payment plans, no payment due before services, most insurances accepted, Medical Assistant & Minnesota Care

General:

Interpretation services, on bus line, appointment only, no after hour care

Communities:

All ages, low income, uninsured & underinsured

Medical:

Stitches, broken bone casting, removal of cast, removal of stitches, STD testing & treatment, pregnancy testing, no prenatal care, family planning, blood work and Lab, eye exams, hearing exams, well-child screenings, immunizations, TB testing, nutrition services, fill prescriptions- discounted prescription if already client

Mental Health:

Some mental health care

West Side Community Health Center- La Clinica

153 Cesar Chavez Street
St. Paul, MN 55107
651-222-1816

Financial:

Sliding scale fee, dependent on income and family size, payment plans, accepts most insurance, Medical Assistance & Minnesota Care

General:

Provides some transportation, walk-in hours, after hour care, interpretation services, on bus line

Communities:

Main focus on low income, Latino, Hmong

Medical:

X-ray, stitches, removal of cast and stitches, STD testing and treatment, pregnancy testing, prenatal care, midwife services, ultrasound, family planning, colposcopy, cryotherapy, physicals, lab on-site, dermatology, eye and hearing exams, well child screenings, immunizations, TB testing and X-ray follow up, nutrition services, WIC on site, EKG's, fill prescriptions, some discounted prescriptions

Mental Health:

Psychologists



TAMS - Teen Age Medical Service

2425 Chicago Ave South
Minneapolis, MN 55404
612-813-6125

Financial:

Sliding scale fee, payment plans, no payment due before services, accepts most insurance, Medical Assistance & Minnesota Care

General:

Provide bus tokens if needed, some after hour care, interpretation services, on bus line

Communities:

Adolescents ages 10-22

Medical:

X-ray on referral through Children's hospital, STD testing & treatment (including blood tests), family planning, colposcopy, physicals, blood work, lab on-site, basic eye exams, hearing exams, immunizations, TB testing and follow up, nutrition services, fill certain prescriptions (established patients only), provide some discounted prescriptions

Mental Health:

Mental health services, psychologists, informal substance abuse counseling



Community-University Health Care Center

Variety Children's Clinic
2001 Bloomington Ave S
(Near Bloomington & Franklin)
Minneapolis, MN 554404

Financial:

Most insurance accepted, sliding fee scale for those without insurance, Medical Assistant & Minnesota Care

General:

Some evening hours, interpretation services

Communities:

Focus on underserved and vulnerable, all ages

Medical:

Adult and pediatric preventative and acute care, teen clinics, midwifery, pregnancy testing, family planning, nutritional services, travel immunizations, diabetes and eye clinic

Dental:

Preventative, filling, crowns, root canals, partials, dentures, implants, extractions

Mental Health:

Psychologists, psychiatrist, group therapy, children's services



East Side Family Clinic

860 Arcade Street
(Near Arcade & 7th Street East)
St. Paul, MN 55106
651-772-9757

Financial:

Sliding fee Scale, dependent on family size & income, payment plans, most insurance accepted, medical assistance & Minnesota care

General:

Interpretation services, on bus line

Communities:

All ages

Medical:

X-ray, stitches, broken bone casting, removal of cast, removal of stitches, STD testing & treatment, pregnancy testing, prenatal care, midwifery, ultrasound, family planning, colposcopy, cryotherapy, physicals, blood work, lab on site, dermatology, eye & hearing screenings, well-child screenings, immunizations, TB testing and X-ray follow up, nutrition services, EKGs

Dental:

Dental screenings for children 0-5 at this site

Mental Health:

Some mental health care, substance abuse counseling



St. Croix Family Medical Clinic

5640 Memorial Ave N, Suite B
Stillwater, MN 55082
651-430-1880

Financial:

Sliding fee scale, dependent on income/family size, payment plans, most insurance accepted, Medical Assistance & Minnesota Care

General:

Some walk-in hours, some after hour care, interpretation services

Medical:

Stitches, broken bone casting and setting, removal of casts & stitches, STD testing and treatment (including blood tests), pregnancy testing (including blood test), prenatal care, family planning, annual physicals, blood work, lab on-site, eye and hearing exams, well child exams, immunizations, TB testing, some international travel immunizations (if prior notification), EKG's, fill prescriptions, and some discounted prescriptions

Mental Health:

Some substance abuse counseling



Southside Community Dental Clinic

4243 4th Ave S
Minneapolis, MN 55409
612-822-9030

Dental:

Extractions, oral surgery, root canals, cleanings, fillings, some walk in hours, call in the beginning of month to get scheduled for an appointment that month



Face to Face

1165 Arcade Street
(Near Arcade & Maryland)
St. Paul, MN 55106
651-772-5555

Financial:

Sliding Fee Scale, dependent on family size/income, payment plans, accepts most insurance, Medical assistance & Minnesota Care

General:

Walk-in hours, on bus line, interpretation service through insurance

Communities:

For ages 11-23

Medical:

STD testing & treatment (including STD blood tests), pregnancy testing (including blood tests), prenatal care, midwife services, family planning, physicals, blood work, lab on-site, immunizations, TB tests, fill prescriptions, provide discounted prescriptions

Mental Health:

Some mental health care



Family Medical Center

5 West Lake Street
Minneapolis, MN 55408
612-545-9000

Financial:

Sliding fee scale, dependent on income, financial counselor on-site, payment plans, assured access, most insurances accepted, Medical Assistance, Minnesota Care

General:

Some transportation available, some walk-in hours, after hour care (T, Th, Sat), On bus line, interpretation services

Communities:

All ages, focus on English and Spanish speaking communities, Hennepin county residents

Medical:

X-ray, stitches, casting & setting of broken bones, removal of stitches, STD treatment and testing, pregnancy testing, prenatal care, mammography, ultrasound, family planning, vasectomy, colposcopy, cryotherapy, physicals, blood work, lab on-site, referral for dermatology, hearing screenings, well- child exams, immunizations, TB test and X-ray follow up, nutrition services, EKG's, fill prescriptions, some discounted prescriptions

Mental Health:

Limited social services and family therapy, some psychiatry

Southside Community Clinic

4730 Chicago Ave S
Minneapolis, MN 55407
612-822-3186

Financial:

Sliding fee scale, payment plans, Medical Assistance & Minnesota Care and most insurance accepted

General:

Some transportation provided, some walk-in hours, some after hour care, interpretation services, on bus line

Medical:

X-ray, stitches, broken bone casting and setting, removal of cast & stitches, STD testing and treatment, pregnancy testing, prenatal care, mammography, ultrasound, family planning services, physicals, blood work, lab on-site, provide discounted eyewear, eye and hearing exams, well child screenings, immunizations, TB testing, international travel immunizations, EKG's, fill prescriptions, some discounted prescriptions

Mental Health:

Psychologists, substance abuse counseling



Sheridan Women & Children's Clinic

342 13th Ave NE (Near Broadway & University Ave NE)
Minneapolis, MN 55413
612-362-4111

Financial:

Sliding fee scale, dependent on income, payment plans, no payment due before service, accepts most insurance, Medical Assistance & Minnesota Care

General:

Interpretation service, on bus line

Communities:

Low income and underinsured women and children, will help people of all ages

Medical:

STD testing & treatment (no blood testing), pregnancy testing (no blood test), prenatal care, OB/GYN exams, midwife services, family planning, physicals, blood work, lab on-site, eye & hearing exams, well-child exams, immunizations, TB testing, fill prescriptions

Mental Health:

Some mental health services



Family Tree Clinic

1619 Dayton Ave
(Near Dayton & Snelling)
St. Paul, MN 55104
651-645-0478

Financial:

Sliding scale fee, payment plans, no payment due at service, accepts most insurance, Medical Assistance & Minnesota Care

General:

Same day appointment usually available, interpretation service, on bus line

Communities:

Focus on young adults, 17-27, but will see all ages

Medical:

STD testing & treatment (including blood tests), will do finger prick HIV (Orasure) test, pregnancy testing (including blood test), referral out for mammogram, family planning, colposcopy, cryotherapy, annual physicals, blood work and limited on site lab, provides some international travel immunizations, fill birth control/STD prescriptions, and provide some discounted prescriptions (samples)

Fremont Community Clinic

3300 Fremont Ave N
 (Near Lowry & Fremont)
 Minneapolis, MN 55412-2405
 612-588-9411

Financial:

Sliding fee scale, dependent on income/family size, payment plans, most insurances accepted, Medical Assistance & Minnesota Care

General:

Interpretation services, on bus line, appointment only, no after hour care

Communities:

All Ages, low income, uninsured & underinsured

Medical:

Stitches, broken bone casting, removal of cast, removal of Stitches, STD testing, STD blood tests & treatment, pregnancy testing, prenatal care, family planning, blood work and lab, eye exams, hearing exams, well-child screenings, immunizations, TB testing, nutrition services, fill prescriptions- discounted prescription if already client

Mental Health:

Some mental health care

Planned Parenthood of MN/SD

Brooklyn Park
 6900 78th Ave N, 55445
 763-560-3050

St. Paul, Highland Park
 1965 Ford Parkway, 55116
 651-698-2406

Burnsville

2530 Horizon Drive, 55337
 952-890-0940

Minneapolis, Centro de Salud (bilingual Spanish/English clinic)

1921 Chicago Ave S, 55404
 612-874-1420

Minneapolis, Uptown

1200 Lagoon Ave S, 55408
 612-823-6300

St. Paul, Crown Plaza

1700 Rice St., 55113
 651-489-1328

Financial:

Sliding scale fee, dependent on family size/income, payment plans, some services require payment beforehand, most insurances accepted, Medical Assistance & Minnesota Care

General:

Family planning clinic, some walk in hours, after hour care (at Highland Park), interpretation services with prior arrangement

Medical:

STD testing & treatment (including blood tests), pregnancy testing (including blood test), family planning, ultrasound (Highland Park), vasectomy, colposcopy, physicals, blood work, some lab work on-site, Hep B immunizations, some discounted prescriptions



Open Cities Health Center

409 Dunlap Street
St. Paul, MN 55104
651-290-9200

Financial:

Sliding fee scale, dependent on income/family size, payment plans, some payment due before services, most insurances accepted, Medical Assistance & Minnesota Care

General:

Interpretation services, on bus line, appointment only, some after hour care, Some walk-in hours, provides some transportation

Communities:

All ages, focus on African Americans and Hmong Population

Medical:

X-Ray, stitches, removal of cast, removal of stitches, STD testing, STD blood tests & treatment, pregnancy testing, prenatal care, colposcopy, family planning, pregnancy blood testing, blood work and Lab on-site, eye exams, hearing exams, well-child screenings, immunizations, TB testing and X-ray follow up, international travel immunizations, WIC site, EKG's

Dental:

Extractions (no molars), root canals, cleanings, fillings, some same day appointments available, no walk-in hours

Mental Health:

Psychologists, psychiatrists, substance abuse counseling

Green Central Clinic

324 East 35th Street
Minneapolis, MN 55408
612-827-7181

Financial:

Sliding fee scale, dependent on family size/income, payment plans, accepts most insurance, Minnesota Care & Medical Assistance

General:

Provides some transportation, some walk-in hours, interpretation services, on bus line

Communities:

Serves all age groups

Medical:

Stitches, broken bone casting, broken bone setting, removal of casts & stitches, STD testing and treatment, pregnancy testing, prenatal care, mammography, ultrasound, family planning, colposcopy, physicals, blood work, lab on-site, basic eye and hearing exams, well child exams, immunizations, TB testing, international immunizations (with prior notification), EKG's, fill prescriptions, some discounted prescriptions

Mental Health:

Some mental health care, psychologists, substance abuse counseling



Health Care for the Homeless

Multiple sites in emergency shelters and drop-in centers

Administrative office:

438 Main St.

St. Paul, MN 55102

651-290-6814

Financial:

No fees charged, Medical Assistance & General Assistance Medical Care will be billed appropriately, Minnesota Care

General:

Provides transportation, walk-in hours, interpretation services (with prior arrangement), bus line, does not serve all counties

Communities:

MUST be homeless, all ages

Medical:

Removal of stitches, pregnancy testing, family planning, annual physicals for current patients, some lab work on-site, provide discounted eyewear, eye exams, well-child exams, immunizations, TB testing, fill prescriptions, provide discounted prescriptions

Mental Health:

Mental health care, psychologists, psychiatry, substance abuse counseling



North Point Health & Wellness Center

1313 Penn Ave N

Minneapolis, MN 55411

612-302-4600

Financial:

Sliding fee scale, dependent on family size/income, payment plans, most Insurances accepted, Medical Assistance & Minnesota Care

General:

Limited transportation, some walk-in hours, some after hour care, interpretation services, on bus line

Communities:

Serves all ages, focus on North Minneapolis residents, diabetes and women's health

Medical:

X-ray, stitches, broken bone casting and setting, removal of cast and stitches, STD testing and treatment (including blood test), pregnancy tests (including blood test), prenatal care, mammography, midwife services, ultrasound, family planning, colposcopy, physicals, blood work, lab on-site, eye and hearing exams, well child exams, immunizations, TB testing and X-ray follow up, nutrition services, WIC site, colonoscopy, EKG's, fill prescriptions, some discounted prescriptions

Dental:

Extractions, oral surgery, root canals, cleanings and fillings, some walk-in hours

Mental Health:

Psychologists, psychiatry, substance abuse counseling



North End Health Center

135 Manitoba Ave (at Rice Street)

St. Paul, MN 55117

651-489-8021

Financial:

Sliding fee scale, dependent on income/family size, payment plans, some payment due before services, most insurances accepted, Medical Assistance & Minnesota Care

General:

Interpretation services, on bus line, appointment only, some walk-in hours, provides some transportation

Communities:

All Ages, focus on African Americans and Hmong population

Medical:

Stitches, removal of stitches, STD testing, STD blood tests & treatment, pregnancy testing, prenatal care, colposcopy, cryotherapy, family planning, pregnancy blood testing, blood work and lab on-site, hearing exams, well-child screenings, immunizations, TB testing, International travel immunizations, WIC site, EKG's

Mental Health:

Psychologists, psychiatrists, substance abuse counseling

Health Start

860 Arcade St

St. Paul, MN 55106-3852

651-772-9757

AGAPE Clinic

1919 University Ave

651-632-2189

Arlington High School Clinic

1495 Rice Street

651-487-8531

Central High School Clinic

275 Lexington Parkway

651-632-2194

Como Park High School Clinic

740 West Rose

651-487-8539

Guadalupe Alternative Program
(GAP)

381 E Robie Street

651-602-7976

Harding High School Clinic

1540 East 6th Street

651-778-2884

Highland Park Secondary Complex Clinic

1015 Snelling Ave S

651-690-7667

Humboldt Secondary Complex Clinic

30 East Baker

651-312-1996

Johnson High School Clinic

1349 Arcade Street

651-778-2889

Health Start - continue

Financial:

Sliding fee scale, dependent on family size and income, payment plans, Medical Assistance & Minnesota Care, accepts most insurance

General:

Will provide some transportation, some walk in hours, interpretation services, on bus line

Communities:

Main focus on pregnant women & adolescents, ages 13-21

Medical:

STD testing and treatment, pregnancy testing, prenatal care, midwife services, family planning, annual physicals, some blood work and lab on-site, limited dermatology, eye and hearing screenings, well child exams, immunizations, TB tests, nutrition services, limited prescription fillings

Mental Health:

Some

Neighborhood Involvement Program (N.I.P)

2431 Hennepin Ave South
Minneapolis, MN 55405
612-374-4089

Financial:

Sliding scale fee, payment plans, no payment due before service, no insurance accepted

General:

On bus line, doctors are on a volunteer rotation, some evening hours

Communities:

Uninsured, all ages

Medical:

Removal of stitches, STD testing & treatment (some STD blood tests-not herpes), pregnancy testing, no prenatal care, family planning, colposcopy, cryotherapy, physicals, blood work, limited on-site lab work, dermatology (by volunteers), well child exams, immunizations, TB testing, nutrition services, EKG's, fill prescriptions and discounted prescriptions (limited only for their patients) LEEP (not sliding scale), urology, internal medicine, pediatrician, ear nose throat specialist (volunteer)

Dental:

Very limited dental hours & abilities, extractions, oral surgery, cleanings and fillings

Mental Health:

None on site, but referral to NIP Counseling Center (612) 374-4601; sliding fee scale



Native American Community Clinic

1213 East Franklin Ave
Minneapolis, MN 55404
612-872-8086

Financial:

Sliding scale fee, dependent on income/family size, payment plans, no payment due before service, Most insurance accepted (not Medical Elect and Preferred One), Medical Assistance & Minnesota Care

General:

After hour answering service, interpretation services only through insurance companies, on bus line

Communities:

Main focus on Native Americans, all ages

Medical:

Stitches, casting of broken bones, removal of cast & stitches, STD testing & treatment, pregnancy testing, prenatal care, OB/GYN exams, family planning, colposcopy, blood work, lab on-site, eye screenings, hearing screenings, well child exams, immunizations, TB testing and follow up, nutrition services, EKG's

Mental Health:

Not currently offered, however, clinic anticipates a staff psychologist by the end of 2006



Helping Hand Dental Clinic

506 West 7th Street
St. Paul, MN 55102
651-224-7561

All ages, general dental, oral surgery, and orthodontics, urgent dental care most Wednesdays and Thursdays; appointments are scheduled before 3pm each business day before urgent care



Indian Health Board of Minneapolis, Inc.

1315 East 24th Street
(Near Bloomington Ave S & 24th St)
Minneapolis, MN 55404
612-721-9800

Financial:

Sliding fee scale, dependent on income, payment plans, most insurances accepted, Medical Assistance & Minnesota Care

General:

Some transportation, walk-in hours, some Saturday and evening hours, interpretation services available, on bus line

Communities:

Main focus on Native Americans, all ages

Medical:

Stitches, removal of stitches & casts, STD testing & treatment, pregnancy testing, prenatal care, ultrasound, family planning, colposcopy, cryotherapy, annual physicals, blood work, lab on-site, general dermatology (no specialists), hearing exams, well-child screenings, immunizations, TB testing and x-ray follow-up, international travel immunizations, nutrition services, WIC site, EKG's, offer some discounted prescriptions

Dental: 612-721-9827

Extractions, root canals, cleanings, fillings, walk-in hours

Mental Health:

Mental health care, psychologists, psychiatrists, substance abuse assessments, social workers, and psychology interns



McDonough Homes

1544 Timberlake Rd #235
(Near Jackson & Larpenteur & 35E)
St. Paul, MN 55117
651-558-2191

Financial:

Sliding scale fee, dependent on income, payment plans, accepts most insurance, Medical Assistance & Minnesota Care

General:

Can provide transportation, some walk-in hours, interpretation services available, on bus line

Medical:

Stitches & removal of, STD testing & treatment, pregnancy testing (including blood test), prenatal care, midwife services, family planning, lab on-site, eye screenings, hearing screenings, well child exams, immunizations, TB testing, international travel immunizations, nutrition services, WIC site, EKG's, may have some discounted prescriptions

Mental Health:

Some mental health care